

The Athletic Club Cafe

Juices

Wingman 7 GF

Green Apple, Baby Spinach, Cucumber, Celery, Pineapple, Lime juice

Sweet and Earthy 7 GF

Kiwi, Bananas, Pineapple, Chia Seed, Baby Spinach

Smoothies

Kalicious 8 GF

Baby Kale, Mango, Bananas, Pineapple, Unsweetened Almond Milk

Bulldozer 8

Bananas, Peanut Butter, Unsweetened Almond Milk, Ghirardelli Chocolate

Blueberry Paradise 8 GF

Blueberries, Strawberries Low-fat Greek Yogurt, Pomegranate Juice

Add scoop of Plant Protein – 2.50

Smitty's Ice Cream

Frappés 9

Classic Vanilla, Chocolate, Strawberry & Cookies & Cream

Cup or Sugar Cone

Please ask server for flavors

Small 6 Large 7

Small Plates

The Great Garbanzo 11

Hummus, Cured Olives, Feta, Cucumbers, Tomatoes, Red Onions, Pita Chips, Carrot Sticks

Mac & Cheese Bites 12

Ranch Dressing

Chicken Tenders 14

Plain or Buffalo Sauce with Blue Cheese Dip & Celery

Clam Chowder Bowl 8

Pan seared Crab Cake 13

Whole Grain Mustard, Remoulade Sauce

Salads

Caesar Salad 11

Garlic Croutons, Shredded Parmesan, Caesar Dressing

Chopped Salad 11 GF

Iceberg & Romaine, Scallions, Smoked Bacon, Cucumber, Radishes, Hearts of Palm, Avocado, Red Onion, Vine-Ripened Tomatoes, Signature Vinaigrette

Asian Crunch Salad 11

Tossed Napa Cabbage, Bok Choy, Red Onions, Bell Peppers, Snap Peas, Sesame Vinaigrette Topped with Fried Wanton Strips

Add Protein: Tuna Salad 8, Grilled Chicken 10, Chicken Salad 8, Pan Seared Salmon 15, Pan Seared Shrimp 15

Sandwiches

Chips, Seasonal Whole Fruit, Fries or Cole Slaw

Wagyu Burger* 18

80z All American Wagyu, American Cheese on Toasted Brioche Bun, Lettuce, Tomato

Tuna Melt 16

Cheddar Cheese, Tomato on Sourdough Bread

Tuna or Chicken Salad 15

Leaf Lettuce, Beefsteak Tomato, on Wheat or White Wrap

California Turkey Club 16

Leaf Lettuce, Beefsteak Tomato, Avocado Spread, Boar`s Head Turkey, Swiss Cheese, Cole Slaw,

Grill Chicken BLT 16

Pepper Jack Cheese, Leaf Lettuce, Tomato, Apple Wood Bacon on Brioche Bun

Black Bean Poblano Pepper Burger 15

Leaf Lettuce, Beefsteak Tomato, Onion, Chipotle Dressing, Brioche Bun

Artisanal Pizza

Margherita 13

Crushed Organic San Marzano Tomato Sauce, Fresh Mozzarella, Basil

"Roni Cups" Pepperoni 15

California Basil, Pomodoro Sauce, Organic Sicilian Oregano

Buffalo Chicken 15

Giannone Buffalo Chicken, Mozzarella Blue Cheese Drizzle

Veggie Pizza 15

Banana Peppers, White Onions, Tomatoes, Bell Peppers, Artichokes

Gluten Free Option Available